

Mass Intentions

FOR THE WEEK



Masses Intentions

February 25 - 28, 2025

Tuesday	7:00 p.m.	
Wednesday	8:30 a.m.	† Cesar & Lourdes Marbella
Thursday	8:30 a.m.	† Doug & Scott Robinson
Friday	8:30 a.m.	Joanna Zuber

Saturday Multiple Mass Intentions

March 1, 2025

Saturday	5:00 p.m.	† Amanda & Charles Vienneau † Ray & Carol Constantin Special Int in Honour of Jesus & St. Joseph
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VOCATIONAL PRAYER CALENDAR

February 24 – March 1, 2025

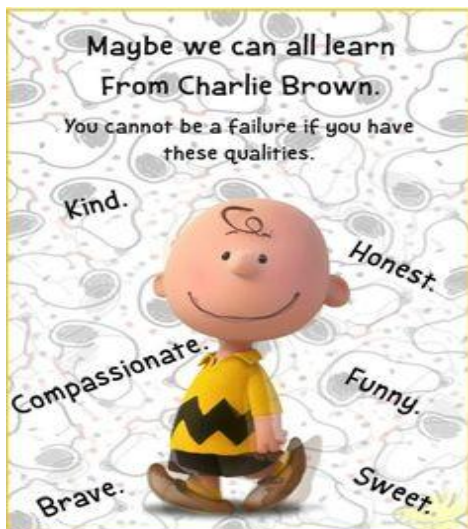
Mon.	Rev. Lourdesamy Subramani, SMA
Tue.	Rev., Mark Morley
Wed.	Society of the Sacred Heart of Jesus, R.S.C.J.
Thurs	Very Rev. Adrian Lee
Fri.	Rev Fadi Wajih Rizk
Sat.	Rev. Marko Stefanec

VOCATION VIEW

7th Sunday in Ordinary Time - February 23, 2025

The Lord Calls us to do God's Will. Pray that you may know God's Will in your life; especially, if you have the inclination that you are being called to the ordained or consecrated life. If He is calling you, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988. Email vocations@hamiltondiocese.com

😊 SUNDAY FUNNY



SEVENTH SUNDAY OF ORDINARY TIME



2024 DONATION TAX RECEIPTS

Please pick up your 2024 Donation Tax Receipt from the Foyer. Please Note: All late Christmas donations will be issued in your 2025 tax receipt unless you request it for 2024 donations, at which time I will issue a second tax receipt for all donations between Jan 1 & Feb 28. Thank you for your understanding.


2025 BOXED ENVELOPES

The 2025 boxed sets of envelopes are ready for pick up. They are in Alphabetical Order, located in the parish hall. Please help us by picking yours up today. If you have requested envelopes and cannot find a boxed set with your name on it, please contact Bonnie in the parish office. If you are not currently using the boxed sets of envelopes and would like to start or if you would prefer to use Direct Debit, please call Bonnie at the parish office.

IN OUR PARISH

PARISH SOCIAL COMMITTEE

SAVE THE DATE:

 ST. PADDY'S DAY POTLUCK celebration. Parishioners are invited to bring their St. Patrick's Day dishes to share. Feel free to bring along your wine or beer to enjoy through the evening. There will be music and games too. Sign up sheets will be in the foyer. Sat. Mar. 22nd at 6pm Looking forward to a fun filled evening. Please mark the following Birthday celebrations in your calendars! Sun. Feb.23 after 11am mass Sun. Mar.30 after 9am mass Sun. Apr. 27 after 11am mass



CATHOLIC WOMEN'S LEAGUE

"The CWL is the voice of Catholic women expressing their values and promoting dignity and justice for all."

If anyone is interested in joining us or has any questions, please contact Margie 905-815-3008 or Lucy 905-681-9432. **All are welcome!**

Our next General meeting is at 1:00pm on March 20th! Hope to see you all there! Reminder: membership dues need to be in by the end of February

WEDDING ANNIVERSARY MASS

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? Then you are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, June 1, 2025, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - Registration will be available online in January at www.hamiltondiocese.com)

AROUND THE DIOCESE

JUBILEE 2025: PILGRIMS OF HOPE

JUBILEE OF HOPE, 2025 The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as “Pilgrims of Hope!” We are all invited to journey through this year drawing closer to God through prayer, service and experiences of renewal. Six churches have been marked as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Resources, information and locations of the pilgrimage sites are all made available on the Diocesan Website: www.hamiltondiocese.com.

BE SOBER

Be Sober: Have you chosen sobriety or are you struggling with addiction? Or are you a family member of someone who does? The Sisters Poor of Jesus Christ offer an ongoing 12-step program to support you. The Be Sober meetings are held every Tuesday from 7 to 8:30 p.m. in the basement of St. Ann Catholic Church, 120 Sherman Avenue N. Hamilton. The evening is organized into three key components: prayer, training on the 12 steps and spirituality, and group sharing. For further information, please contact: (905) 512-8493 or e-mail: besober.skateri@ocaminho.org. **All are welcome!**

OPENING THE HOLY DOOR: SPRING BOOK CLUB

The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, “Opening the Holy Door.” Tuesdays from 1:00 – 2:00 p.m. March 18-April 8, 2025. Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter’s Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Join us for this time of prayer and conversation, drawing into deeper fellowship during this Jubilee of Hope. Registration can be made here: <https://hamiltondiocese.com/events/>

VIRTUAL LEARNING WITH THE DIOCESE OF HAMILTON:

The Diocese of Hamilton is proud to partner with Dayton University’s Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. Interested in learning more about our programs? Join us for a brief information session hosted by the VLCFF Coordination Team for the Diocese of Hamilton on Wednesday, March 26, 2025 @ 7pm. Registration for this event can be found here: <https://bit.ly/VLCFFinfo>.

ENHANCING SELF-ESTEEM

This program provides the opportunity to increase your self-awareness and to learn specific skills for building a positive self-esteem, which will assist you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will be offered from March 24 - June 9 (no sessions April 21 & May 19) and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. To register go to hamiltondiocese.com and look for the date under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com.

CHRISTOPHER LEADERSHIP COURSE IN EFFECTIVE SPEAKING

Whether you are afraid of public speaking or would you like to take on a leadership role within your parish, the Christopher Leadership Course in Effective Speaking can help. The next course begins Thursday evening, March 20, 2025, at McMaster University in Hamilton. To register or for more information, please visit clchamilton.com or call Frank at 905-730-4943.

MENTAL HEALTH SUPPORT

Mental health issues directly or indirectly impact all of us. As individuals, family members, colleagues, and neighbours we all experience the effects of mental health issues. Relationships and work effectiveness are often negatively impacted when these issues are not adequately or appropriately addressed.

In Canada, 20% of the population will experience a mental illness in their lifetime. About 50% of those who believe they have suffered from anxiety or depression have never sought medical help. From Statistics Canada we read that in 2012 an estimate of 2.8 million individuals (10.1%) “reported symptoms consistent with at least one of six mental or substance use disorders in the last 12 months”. When suffering with mental health issues or in a relationship with someone who is struggling, it is important to seek medical intervention and counselling. Self-care must be a consistent part of daily life.

The Family Ministry Office offers workshops about mental health issues for the Hamilton Diocese. Our workshops are sometimes designed to promote mental health awareness and strategies for all people to use to stay healthy in mind, body, and spirit. Other workshops increase awareness about the issues and struggles that many individuals navigate through on a regular basis. Often there is a stigma for the individual or the family to ask for help or they are not aware of local resources. We celebrate the courage that it takes to seek help and take the necessary steps toward health goals. With this in mind, our goal is to provide information and support to families, as well as to those in our parishes who deliver mental health services or give caring assistance.

If you need support at this time, please feel free to call Teresa Hartnett at 905-528-7988 ext. 2250 and she can help you to find community supports.