

St. Luke the Evangelist's "Doctor says"

We're gonna play our own version of "Simon says" called "Doctor says"!

Here's a step-by-step guide for playing "Doctor says" with kids:

Step 1: Gather Everyone

- Assemble all the players in a spacious area where they can move around freely.

Step 2: Explain the Rules

- Explain that one person will be "Doctor" and will give commands starting with "Doctor says." If the command doesn't start with "Doctor says," players should not follow it.

Step 3: Choose Simon

- Select someone to be the doctor. This can be rotated after a few rounds.

Step 4: Start the Game

- The doctor gives a command, such as "Doctor says touch your toes!" or "Doctor says jump up and down!"

Step 5: Follow the Commands

- Players follow the commands only if they start with "Doctor says." If the doctor gives a command without saying "Doctor says," anyone who follows it is out for that round.

Step 6: Keep the Game Going

- Continue giving commands, increasing the difficulty or speed as players get the hang of it.

Step 7: End the Game

- The game can end when there's one player left, or after a set time, and you can declare a winner or simply enjoy the fun!

Step 8: Rotate Simon

- Let another player take a turn being the doctor for variety!

Tips:

- Use silly or fun commands to keep it exciting.
- Encourage laughter and creativity in the actions!